



Government of Western Australia
North Metropolitan Health Service
Mental Health, Public Health and Dental Services

WA Eating Disorders Outreach & Consultation Service (WAEDOCS) Training for 2023



nmhs.health.wa.gov.au

One team, **many** dreams.

Care / Respect / Innovation / Teamwork / Integrity



Welcome to 2023

WAEDOCS calendar continues to offer flexible training options for services where specific topics are relevant.

Eating Disorder Credential (CEDC) for Eligible Health Professions

The Australia New Zealand Academy of Eating Disorders (ANZAED) and National Eating Disorder Collaboration (NEDC) have partnered to offer the Eating Disorder Credential for eligible health professions. This formal recognition acknowledges the qualifications, knowledge, training and professional development activities have met the minimum standard for delivery of safe and effective eating disorders treatment.

From 2023 onwards, any eligible health professional wishing to apply for the credential must have completed an introduction to eating disorders for health professionals and evidence based treatment model by an approved training provider. Dietitians will need to complete an evidence-informed dietetic practice for eating disorders, however this will not be available in 2023. WAEDOCS will provide a CEDC introduction to eating disorder for eligible health professionals however we will be unable to provide evidence based treatment models.

For further information about the Eating Disorder Credential, please see [Credentiaing \(nedc.com.au\)](https://nedc.com.au)

We hope that you're able to find some training to meet your training needs. If you have any further questions, please contact us Monday – Friday 9am – 4pm or via email waedocs@health.wa.gov.au



WAEDOCS Staff Bios

Jan Fontaine



Jan Fontaine is the Nurse Practitioner for WAEDOCS with a nursing career spanning 40 years in both general and mental health settings within the UK and Australia. Additionally, she has a proven academic career as an Adjunct Lecturer in Mental Health Nursing at the University of Notre Dame Australia, designing and delivering theoretical and clinical components of post graduate eating disorder courses and partnering with researchers at the cutting edge of their field.

In 2016 was instrumental in establishing the WAEDOCS service that educates, supports and empowers health care providers in the management of people with eating disorders and continues to lead the way in developing local health care reforms. She is an excellent cultural change agent, acting as an ambassador for transformation and creating hope for individuals affected by this mental illness including her contribution to research and publishing.

Fintan O'Looney

Fintan O'Looney is a Mental Health Clinical Nurse Specialist in WAEDOCS, with over 10 years experience working within the eating disorder field. He has worked in a variety of different clinical mental health settings across several countries, and brings a wealth of experience and knowledge regarding eating disorder treatment in inpatient, outpatient, and community settings.

He is a powerful patient and lived experience advocate, and achieves this through substantial input to the development of services throughout the state, along with providing contemporary and evidenced based education to healthcare clinicians through the state, and on a national and international level. He is an accredited Eating Disorder Clinician via the NEDC, and has a special interest in Eating Disorders, Trauma, and Co-occurring mental health issues.



Melissa Edwin



Melissa Edwin is the senior dietitian for the WA Eating Disorders Outreach and Consultation Service (WAEDOCS). Since graduating more than 20 years ago, she has worked as a clinical dietitian in various hospitals both overseas and in Australia, providing dietetic support for a wide range of areas including children and adults living with an eating disorder. Melissa's passion for evidenced based and informed eating disorders dietetics treatment, resulted in her being an early adopter at Sir Charles Gairdner Hospital. This led her in 2016 to establish the dietetics position WAEDOCS.

This state-wide service provides specialised advice, support, mentoring, navigation, education and training to clinicians, empowering them to provide evidence based care for people living with an eating disorder.



Introduction to Eating Disorders for Health Professionals

1-Day Workshop for Health Professionals on the Management of Eating Disorders in Youth (>16 years) & Adults (NEDC/ANZAED Accredited)

West Australian Eating Disorders Outreach & Consultation Service (WAEDOCS)

This 1-day introductory workshop is designed for health professionals across all care settings who have limited experience with providing evidence based, contemporary treatment for people living eating disorders.

This workshop includes activities, group work and input from a multi-disciplinary team specialising in eating disorder care and treatment.

Attendance Options

Date: Tuesday 12th September 2023

Time: 7:45AM – 4:15PM AWST (Registration from 7:30AM)

(9:45AM – 6:15pm AEST Sydney, Melbourne, Brisbane, Tasmania)

(9:15AM – 5:45PM ACST Adelaide, Darwin)

Location: Via Telehealth / online ONLY (link will be provided closer to the event)

Cost: Complementary

Presenters: Jan Fountaine | Nurse Practitioner | CEDC | WAEDOCS

Fintan O’Looney | Mental Health Clinical Nurse Specialist | CEDC | WAEDOCS

Melissa Edwin | Senior Dietitian | APD/AN, CEDC | WAEDOCS

This collaborative workshop will include information on:

- Understand the types of DSM-5 eating disorders (ED’s) & MBS items for accessing specialised care
- Understand the evidenced based management of eating disorders via a collaborative stepped systems approach
- Identify physical & psychological affects of malnutrition & refeeding risks
- Understand the evidenced based treatment approaches to eating disorder management
- Understand the relationship between eating disorders & Co -occurring mental health conditions
- Identify how an eating disorder can affect an individual through the perspective of a lived experience.



Preliminary Program Outline (subject to change)

Registration and housekeeping
Aims & Objectives
DSM of Eating Disorders & MBS items
Stepped Systems of Care
Malnutrition & Refeeding
Treatment Approaches
Eating Disorders & Co-occurring mental health conditions
A Strength-Based Approach to Eating Disorder Recovery
Evaluation of study day / Question time

This workshop addresses NSQHS Standards 1,2,5,6 and 8



Registrations close: Tuesday 29th August 2023

Please complete the registration form electronically (see page 6) and email it back to waedocs@health.wa.gov.au for processing. Once received we will confirm your place via email.

NOTE: A minimum number of applicants are needed before the workshop will be run. If the minimum number has not been reached by Tuesday 29th August 2023, you will be notified via email that the workshop will be cancelled.

Should you have any enquiries, please contact us on 1300 620 208 Monday – Friday 9am – 4pm or email us at waedocs@health.wa.gov.au



Introduction to Eating Disorders for Health Professionals

1-Day Workshop for Health Professionals on the Management of Eating Disorders in Youth (>16 years) & Adults (NEDC/ANZAED Accredited) Registration Form

West Australian Eating Disorders Outreach & Consultation Service (WAEDOCS)

Please complete this form electronically by using the following steps:

1. Open this in document in Adobe Reader DC
2. Click the “pen” on the top toolbar or “Fill and Sign” option on right handside of page
3. Click on each lined spaces to complete the details
4. Click “File” then choose “Save As”
5. Save document as “WAEDOCS Management ED 1Day workshop *yoursurname.firstname*”

Name of Applicant:

Applicant Designation:

Workplace Name & Location:

Applicant Contact Number:

Applicant Contact Email:

How did you find out about WAEDOCS training? _____

Has you recevied training from WAEDOCS before? If so, when?

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