

# Overview of the Eating Disorder Management Plan (EDMP)

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- The new items provide for both face-to-face services and telehealth consultations

## When does a patient meet criteria for an EDMP?

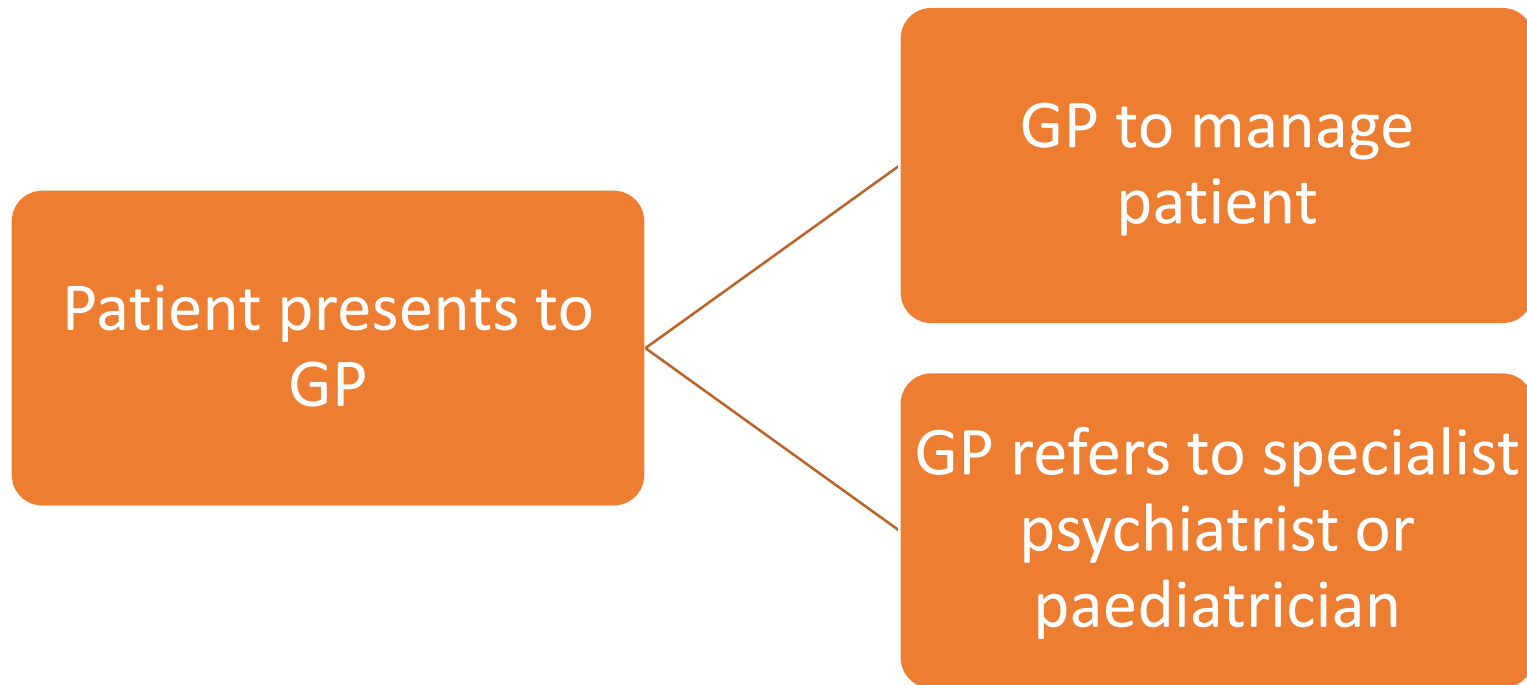
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## When a patient presents to the GP . . .



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**Patient does not  
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**Patient meets criteria  
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**(items 2700, 2701, 2715, 2717)**



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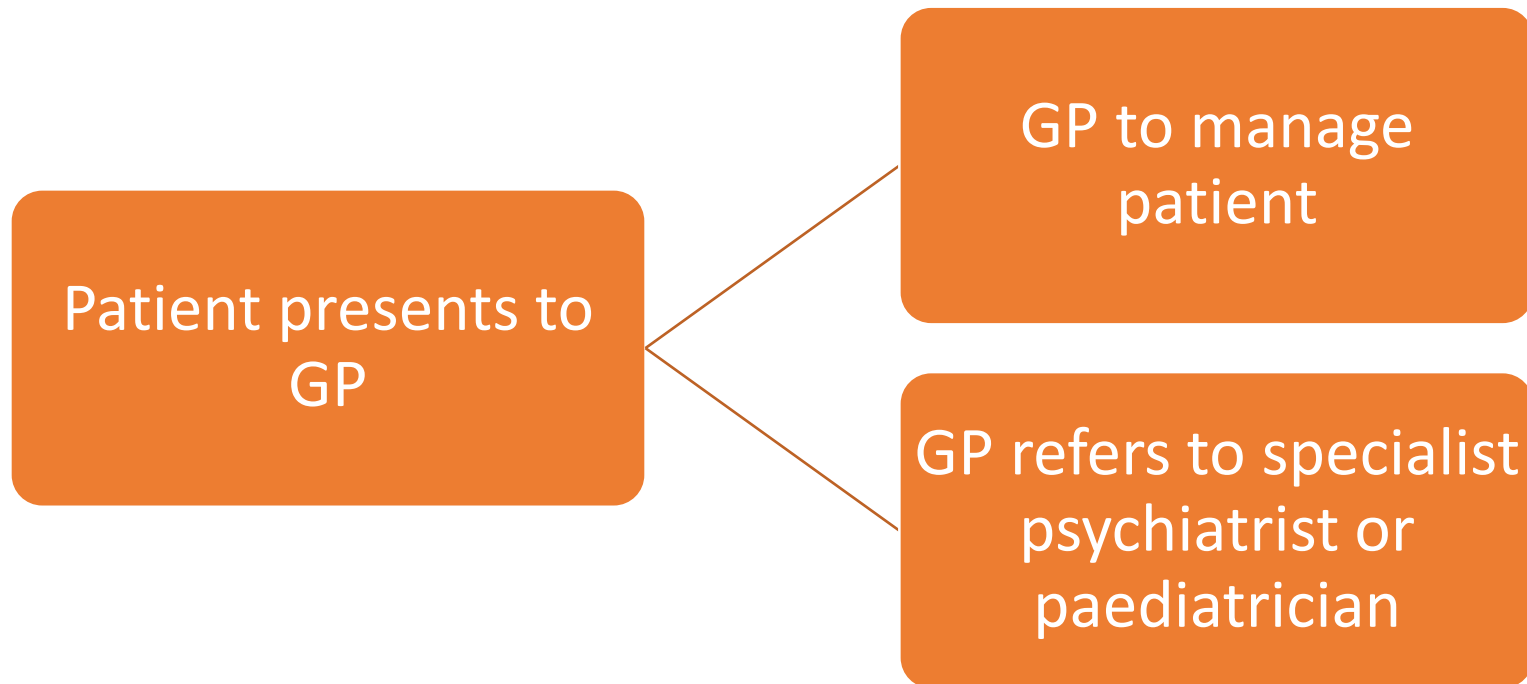
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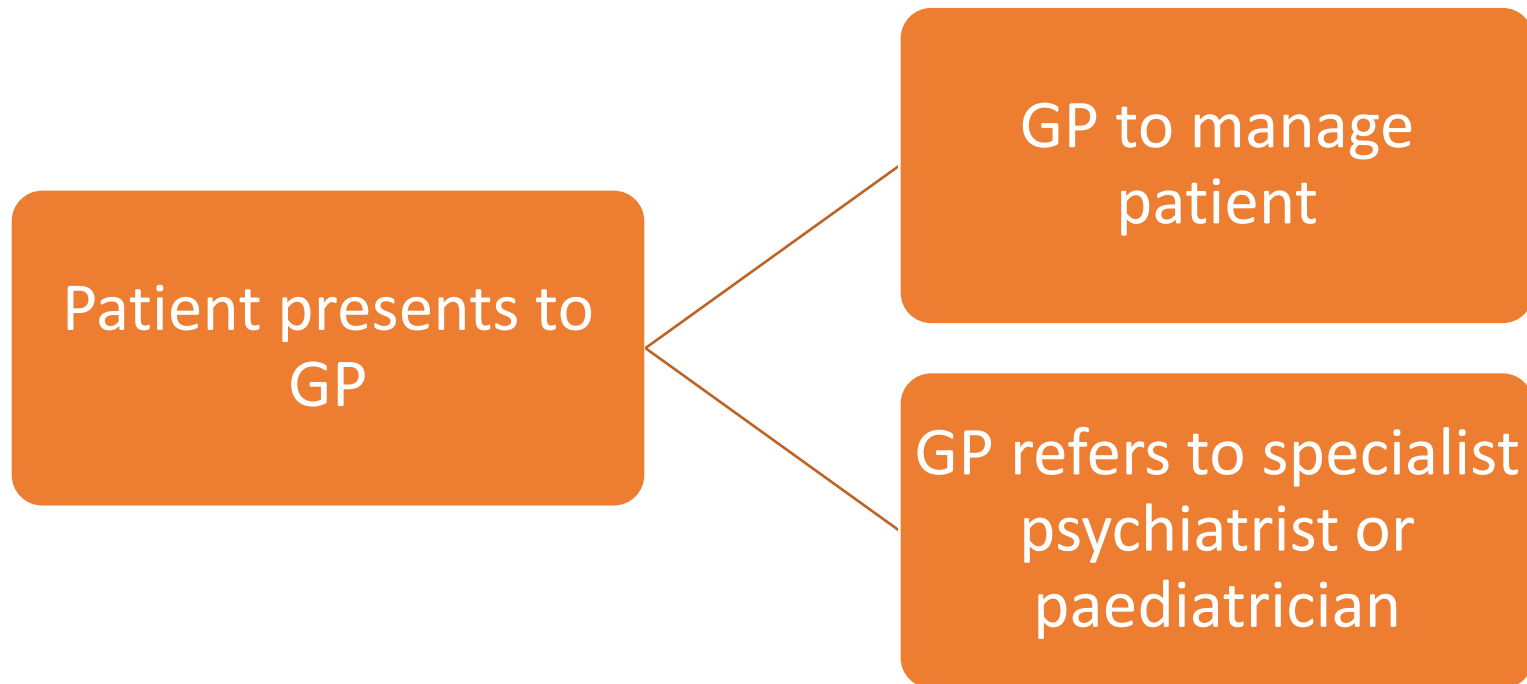


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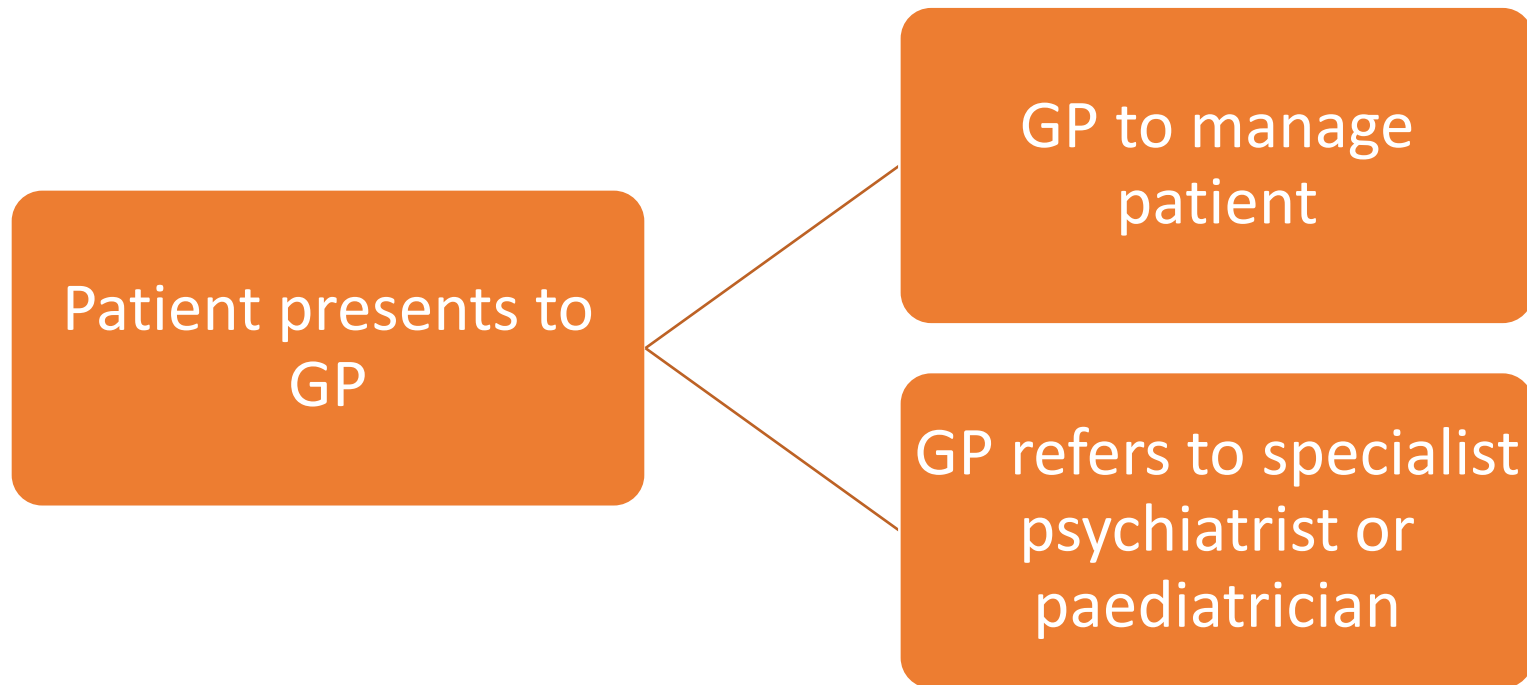
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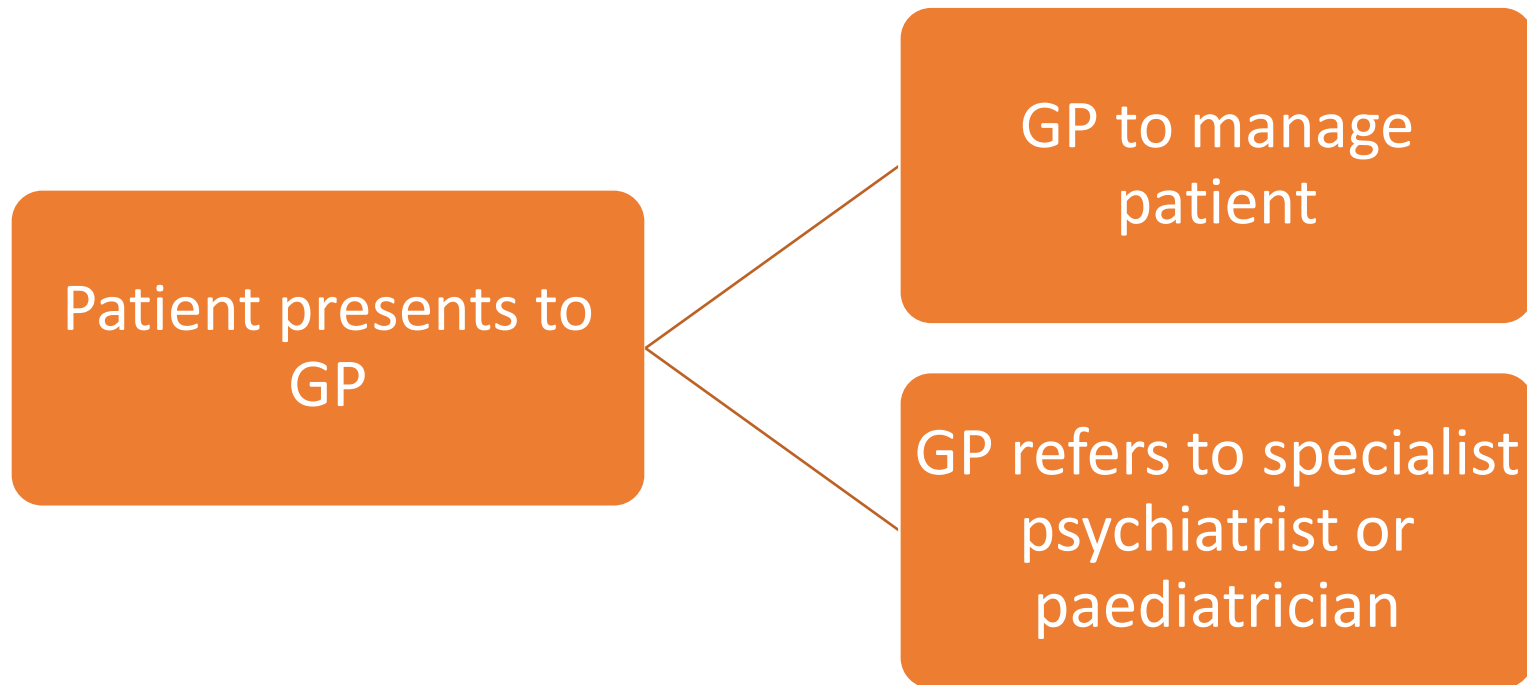
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# Patient meets criteria for ED Treatment Pathway

GP Eating Disorder Plan  
(90250-7)

Psychiatrist Eating Disorder Plan  
(90260-2)

Paediatrician Eating Disorder Plan  
(90261-3)

ED Psychological Services (EDPT) (up to 10 services) – report to GP after session 1 & 10

Medical practitioner review (90264-9)

EDPT Services (up to 10 additional services, total 20) – report to GP

Patient must be reviewed by both GP and specialist to be eligible for >20 EDPT services in 12 mths

GP Review (90264-5) AND

R/V of Psychiatrist ED Plan or EDP prepared by another practitioner (90266/8) OR

R/V of Paediatrician ED Plan or EDP prepared by another practitioner (90267/9)

EDPT Services (up to 10 additional services, up to 30) – report to GP

Medical practitioner review (90264-9)

EDPT Services (up to 10 additional services, up to 40 in 12 months) – report to GP

**Patient meets criteria for ED Treatment Pathway**

**GP Eating Disorder  
Plan (90250-7)**

**Psychiatrist Eating  
Disorder Plan  
(90260-2)**

**Paediatrician Eating  
Disorder Plan (90261-3)**



**Dietetic services (82350-1) (max. 20 services in 12 months)**

**Report back to GP as requested by referring practitioner & as clinically indicated, mandatory report after 1<sup>st</sup> & last services**

## Telehealth services

- Different specific item numbers for each treating service provider
- Patients are eligible if:
  - the patient is not an admitted patient of a hospital
  - the service is provided to the patient individually
  - the attendance is by video conference
  - the patient is located within a telehealth eligible area (Modified Monash Model areas 4-7)
  - the patient is, at the time of the attendance, at least 15 kilometers by road from the treatment provider

## Eating Disorder Dietetic items

- The EDMP must state that the patient needs dietetic services for treatment of their eating disorder
- Max. 20 dietetic services in a 12-month period (in-person or telehealth)
- Dietitian must provide a written report back to referring GP or specialist after first and last service, or more often if clinically necessary. Written reports should include:
  - any investigations, tests, and/or assessments carried out on the patient;
  - any treatment provided; and
  - future management of the patient's condition or problem
- The report to the Practitioner must be kept for 2 years from the date of service

# Eating Disorder Psychological Treatment (EDPT) Services

- The EDMP must state that the patient needs psychological services for treatment of their eating disorder
- Max. 40 psychological services in a 12-month period (in-person or telehealth)
  - Check patient eligibility and sessions used to date through Health Professionals Online System (HPOS)



# Eating Disorder Psychological Treatment (EDPT) Services

## Eligible treatments:

- Family Based Treatment (FBT) for Eating Disorders
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- Cognitive Behaviour Therapy for Anorexia Nervosa (CBT-AN)
- Cognitive Behaviour Therapy for Bulimia Nervosa and Binge Eating Disorder (CBT-BN or CBT-BED)
- Specialist Supportive Clinical Management (SSCM) for Eating Disorders
- Maudsley Model of Anorexia Treatment in Adults (MANTRA)
- Interpersonal Therapy (IPT) for Bulimia Nervosa and Binge Eating Disorder
- Dialectical Behaviour Therapy (DBT) for Bulimia Nervosa and Binge Eating Disorder
- Focal Psychodynamic Therapy for Eating Disorders

## Reference Websites

- MBS factsheets:
  - <http://www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/Factsheet-EatingDisorders>
- MBS online item number search:
  - <http://www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/Home>
- ANZAED, NEDC, Butterfly FAQs:
  - <http://www.anzaed.org.au/newmbsitems/>
- Federal register of legislation:
  - <https://www.legislation.gov.au/>
- For consumers and carers:
  - <https://www.eatingdisorders.org.au/find-support/eating-disorder-medicare-changes/>

Feedback is being collated and provided to the Government by ANZAED and Butterfly Foundation: <http://www.anzaed.org.au/mbsfeedback/>

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