



Survey Information Sheet

NEDC and the National Eating Disorders Strategy 2023-2033

[The National Eating Disorders Collaboration \(NEDC\)](#) is a federally funded initiative of the eating disorder sector, dedicated to developing and implementing a nationally consistent, evidence-based system of care for the prevention and treatment of eating disorders.

NEDC was tasked by its members and by eating disorder sector leaders to develop the [National Eating Disorders Strategy 2023-2033](#), to build on investment and progress to date, and guide sector development and policy decision-making for the next decade. The development of the National Strategy was funded by the Australian Government Department of Health and Aged Care.

The National Strategy was launched in August 2023 and is the culmination of extensive consultation with, and review by, people with lived experience, clinicians, researchers, community providers, service development leaders, public health experts and government. The National Strategy articulates the key components, standards and actions that are required to achieve an effective, equitable and coordinated system of care. It is a roadmap for improving Australia's response to eating disorders and sets a shared direction for the sector and the broader system of care.

This survey

As a part of NEDC's evaluation and monitoring of the implementation of the National Strategy, this survey aims to better understand the response to eating disorders within Australia's community-based mental health services. The purpose of this survey is to help NEDC understand the current response and subsequent needs of community-based mental health services in relation to eating disorders. This will inform NEDC's active support of the implementation of the National Eating Disorders Strategy 2023-2033 with collaborative sector initiatives, consultation and resources to support workforce development and evaluation. It is an invitation for you to get involved by providing real-world insights and up-to-date information working towards our shared purpose of providing good care to meet the unique and evolving needs of young people and those who support them.

The survey will be distributed to all headspace, and Head to Health services (Medical Mental Health Centres) nationally, as well as all state- and territory-funded adult and child community-based mental health services at approximately three-yearly intervals. The survey will seek to understand eating disorder identification, treatment provision, care navigation and workforce training at services.

Why complete this survey?

Completing this survey is voluntary. The completion of this survey will provide NEDC with important, up-to-date information about eating disorder services in the community. NEDC has been funded by the Department of Health and Aged Care to support the implementation of the National Strategy. The

completion of this survey by service managers/clinic directors is providing NEDC with a direct form of feedback which we can use to inform our implementation of the Strategy to support and build the system of care for people with lived experience and their families and supports.

At the end of the survey you will find a link to NEDC's free accredited online introductory eating disorders trainings developed specifically for mental health professionals and for GPs, along with additional resources including a workforce training database and digital resources database to your clinical team in the identification, assessment, treatment and care navigation of eating disorders in Australia.

Confidentiality and privacy:

The findings from this survey will be deidentified in all forms of communication beyond the NEDC team members involved in this activity. That is, no service will be identified in any form of reporting or presentation.

In instances where there is a higher chance of identification, for example in jurisdictions where there are less services available, findings will be pooled in a way that prevents identification of the service.

Your email address will only be used for purposes related to NEDC's work on the National Eating Disorders Strategy 2023-2033 and will not be added to any database or mailing list. NEDC collects, stores and uses information in line with our [Privacy Policy](#).

How to complete this survey

This survey must be completed in one attempt, that is, it is not possible to save this survey mid-completion and return later.

What if I change my mind?

If you no longer want to complete the questionnaire, simply close the web browser. If you change your mind after clicking on the 'Submit' button please email info@nedc.com.au if you would like to withdraw.

Your decision to withdraw at any point will not affect your relationship with NEDC.

Who can I speak to?

If you have any questions about the survey, please contact the NEDC team at info@nedc.com.au