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Northern Sydney Health District and PHN

NEDC Members' Meeting
1-2 June 2018



An Australian Government Initiative



SYDNEY NORTH
Primary Health Network

Achieving together - *better health, better care*

RESPONDING TO EATING DISORDERS: A PHN PERSPECTIVE

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Sydney North Primary Health Network

NEDC Members' Meeting
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ABOUT PHN'S BACKGROUND



PHNS ESTABLISHED 2015 TO:

- ◆ 'Increase efficiency and effectiveness of medical services for patients, particularly those at risk of poor health outcomes'
- ◆ 'Improve coordination of care to ensure patients receive the right care in the right place at the right time'

SNPHN STRATEGIC OBJECTIVES:

Build primary health care capacity

Commissioning

Service transformation

Organisational excellence

FUNDING & PRIORITISATION

The Department of Health has provided funding for **six key areas** of focus for PHNs in their approach to mental health reform:

- 1.** Stepped Care
- 2.** Services for people with severe mental illness & complex needs
- 3.** Aboriginal & Torres Strait Islander mental health
- 4.** Youth Mental Health Services
- 5.** Suicide Prevention
- 6.** Hard to reach and at risk populations

SNPHN REGION

WHY EATING DISORDERS



SNPHN Needs Assessment

- ◆ Young people in the region have a high rate of body image issues inc. body dysmorphia & disordered eating
- ◆ Eating disorders & obsessive compulsive disorders account for the largest proportion of bed days in 0-17 year olds¹



No public primary care services



Early Intervention lacking

¹ NSLHD Health Services Planning Unit 2016, Hospital Admissions Data 2013-14

SNPHN

COMMISSIONED SERVICES



Funding for young people with severe mental illness

www.snhn.org.au

COMMISSIONED SERVICE

INTENSIVE OUTPATIENT PROGRAM



- ◆ Access to the Intensive Outpatient Program to 12 clients for 18 weeks who reside in the SNPHN region and are in need of financial assistance to access the program
- ◆ Clinical Support Officer to provide clinic coordination support, develop promotional materials and assist with service promotion



Butterfly
Foundation for Eating Disorders

NEDC Members' Meeting
1-2 June 2018

www.snhn.org.au

EDUCATION

NEDC & SNPHN EVENT



◆ asdfsd

INTRODUCTION TO EATING DISORDERS' NOVEMBER 2017

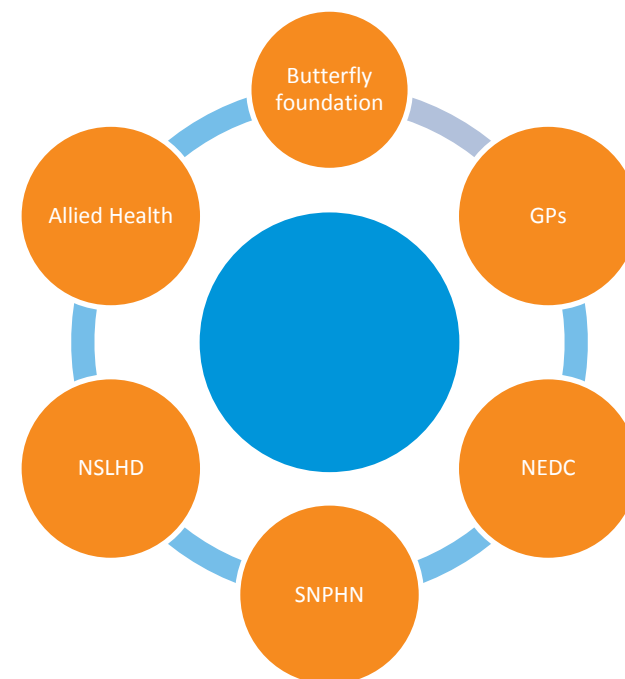
Aimed to:

- ◆ Recognise myths, prevalence, risk factors, co-morbidities & warning signs
- ◆ Apply practical evidence-based strategies in prevention, early identification & management
- ◆ Understand elements of care & recovery
- ◆ Implement multidisciplinary strategies to improve mental health outcomes
- ◆ Improve knowledge of eating disorder resources, referral pathways and specialised support services

EDUCATION

NEDC & SNPHN




- ✓ Well attended
- ✓ Positive feedback
- ✓ Requests for further sessions



CLINICAL PATHWAY

- ◆ Eating Disorders 

SERVICE PAGES

- ◆ Eating Disorders
Specialised Review 
- ◆ Non-urgent Mental
Health Review 
- ◆ Emergency
Department Review 



SNPHN

THE FUTURE



Ongoing
relationship with
commissioned
service providers



Further
integration



Further education
of clinicians in
the region



Monitoring and
evaluation
of services



THANK YOU



SYDNEY NORTH

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