

# NEDC Members' Meeting 2018

## Eating Disorders in Primary Care

### Program Outline 1-2 June

| Time  | Day 1  |  | Day 2   |
|-------|--|--|---|
| 7:30  |  |  |   |
| 7:45  |  |  |   |
| 8:00  |  |  | Registrations   |
| 8:15  |  |  |   |
| 8:30  | Registrations Open   |  | <b>Integrated Approaches to Eating Disorders:<br/>Case Studies - Workshop 1</b> |
| 8:45  |  |  |   |
| 9:00  |  |  |   |
| 9:15  |  |  |   |
| 9:30  | <b>Opening Remarks</b>                                     |  |   |
| 10:00 | <b>Keynote Address: Eating Disorders in Primary Care</b>   |  | MORNING TEA   |
| 10:15 |  |  |   |
| 10:30 |  |  |   |
| 10:45 | MORNING TEA  |  | <b>Integrated Approaches to Eating Disorders:<br/>Case Studies - Workshop 2</b> |
| 11:00 |  |  |   |
| 11:15 |  |  |   |
| 11:30 | <b>Introduction to Eating Disorders</b>                    | <b>Hidden Truths:<br/>Dispelling nutrition myths in<br/>an over-informed world</b> |   |
| 11:45 |  |  |   |
| 12:00 |  |  |   |
| 12:15 |  |  |   |
| 12:30 |  | <b>CBT Guided Self-Help</b>  | LUNCH   |
| 12:45 |  |  | <b>Expert Panel Discussion and Q&amp;A:<br/>Key Lessons from the Conference</b> |
| 1:00  |  |  |   |
| 1:15  |  |  |   |
| 1:30  |  |  |   |
| 1:45  | LUNCH  |  |   |
| 2:00  |  |  | CLOSING   |
| 2:15  | <b>Stories from Experience</b>                             |  |   |
| 2:30  |  |  |   |
| 2:45  |  |  |   |
| 3:00  |  |  |   |
| 3:15  |  |  |   |
| 3:30  | AFTERNOON TEA  |  |   |
| 3:45  |  |  |   |
| 4:00  | <b>Eating Disorders Standards and Competency Framework</b> |  |   |
| 4:15  |  |  |   |
| 4:30  |  |  |   |
| 4:45  |  |  |   |
| 5:00  | End of Day 1   |  |   |
| 5:15  | WELCOME COCKTAIL   |  |   |
| 5:30  |  |  |   |