



National
Eating Disorders
Collaboration



ANZAED
AUSTRALIA & NEW ZEALAND
ACADEMY FOR EATING DISORDERS

Consultation: What an eating disorder credential means for everyone

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Evidence

Experience

Expertise

About today's session

- Opportunity to tell us what you think
- Open to everyone with an interest in eating disorders and their treatment
- Quick introduction, then over to you

Aims of credentialing for eating disorders

- Ensure **mental health professionals** and **dietitians** meet safe standards to treat eating disorders
- Help people seeking treatment locate the right clinician to meet their needs at the right time
- Help professionals achieve recognition for their skills and experience
- Help referrers make links to treatment providers quickly

What it is and isn't

- ✓ A way to recognize professionally qualified clinicians with specific knowledge, training and experience to treat EDs
- ✓ Initially applicable across dietitians and mental health professionals
- ✓ Tied to evidence-based practice and standards
- ✗ A measure of excellence
- ✗ Mandatory
- ✗ Targeted at other professional disciplines
- ✗ Connected to eligibility for Medicare

About this project

- 3-year joint project by NEDC and ANZAED
 - NEDC leads development phase
 - ANZAED & NEDC pilot together
 - ANZAED runs the credentialing system
- Driven by lived experience-first ethos
- Supported by professions, meeting professionals' needs
- Consultation: this is just the start

Instructions

1. Break into groups – get a mix of perspectives
2. Fill out the worksheet
3. Do a “round robin” in your group
4. Choose your priorities
5. Hand in worksheets and cardboard

Time allowed: 50 minutes

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Summary and next steps

- What did we hear?
- Further consultations
- eBulletins – stay up to date
- Prototype by June
- Piloting in 2020-21



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