

## Program Thursday 27 February

### Theme: Collaborating to Build the System of Care for Eating Disorders

Day 1 will draw on the combined wisdom of people with lived experience, researchers, sector leaders and NEDC members from across Australia to address two questions:

### Morning: What does the system of care for eating disorders need to be?

#### Setting the Context: Dr Beth Shelton, National Director NEDC

The system of care for Australians experiencing eating disorders and their families must provide evidence-informed, equitable and accessible treatment for all. Dr Shelton will draw together what we know about the component parts that are needed, and the principles and standards that will support the continued building of this system.

#### Emerging Perspectives Panel: Hilary Smith, National Manager NEDC

There is increasing recognition worldwide that eating disorders affect people of all genders, ages, cultures, body shapes and weights, gender identities, sexualities, and socioeconomic positions. How is our system of care coping with this diversity? In this panel, we will hear from people who represent the experience of eating disorders from particular perspectives, hearing their experiences, and their ideas about improving the response of the system of care.

#### Emerging Area of Practice:

**Belinda Caldwell (CEO EDV)** will talk about the fast-developing area of Peer Work in the eating disorder field, and launch the NEDC Peer Work Guide. Author of the guide **Lesley Cook** will describe the resource and how to use it.

### Afternoon: How do we best continue to build the system of care?

#### Interactive Q&A Session: How do we best build the system of care over the next ten years?

Hear from “Master and Mistress Builders” from across Australia about how the system of care has been developed and where it needs to go from here. There will be discussion, question time and opportunity to move into interest/professional groups to progress the conversation.

**Kevin Barrow**, CEO, the Butterfly Foundation

**Dr Anthea Fursland**, Western Australia Eating Disorders Outreach and Consultation Service

**Dr Randall Long**, South Australia Eating Disorder Service

**Dr Sarah Maguire**, Inside Out Institute NSW

**Michelle Robertson**, Victorian Centre of Excellence in Eating Disorders

**Assoc. Professor Warren Ward**, Queensland Eating Disorder Service

Facilitated by **Dr Beth Shelton**, National Director, National Eating Disorders Collaboration (NEDC)

Disclaimer: This is a guide only. The full program schedule will be available soon.