Assessing and Treating Eating Disorders in Primary Care

BRISBANE NORTH

WHEN Thursday 4 April 2019

6:30pm casual dinner & registration

7:00pm-9:00pm workshop

VENUE Brisbane International Virginia

Hotel & Conference Centre 21 Zillmere Rd Boondall, QLD 4034

REGISTER http://bit.ly/CPDBrisbaneNorthPHN or

Events page at www.nedc.com.au

COST FREE

SPEAKER Associate Professor Warren Ward

Director of the Queensland Eating Disorder Service (QuEDS), Royal Brisbane and Women's Hospital, Associate Professor of Psychiatry at the University

of Queensland.

LEARNING OBJECTIVES

- Recognise and respond to the myths, prevalence, risk factors, comorbidities, and warning signs of eating disorders
- Apply practical evidence based strategies in the prevention, early identification, assessment and management of eating disorders
- Explain essential elements of care and recovery, and implement multidisciplinary strategies to improve client health outcomes
- Identify evidence-based eating disorders resources, referral pathways and specialised support services

NEDC is funded by the Australian Government Department of Health with a primary purpose to make evidence-based information more accessible in order to improve the prevention, early intervention and management of eating disorders in Australia.

Eating disorders affect approximately 9% of Australians; have one of the <u>highest mortality rates</u> of any mental illness; and require a multidisciplinary approach.

When armed with the right information, screening and referral tools, GPs, psychologists, dietitians and primary care professionals play an important role in early identification and supporting recovery.

The National Eating Disorders Collaboration (NEDC) and Brisbane North PHN invite GPs and allied health professionals to a FREE introductory education evening covering:

- ✓ screening and assessment
- ✓ management and treatment
- ✓ recovery and essential elements of care
- ✓ supporting patient and carers
- ✓ referral pathways and support services

NEDC are delighted to host guest speaker Associate Professor Warren Ward. He serves as Chair of the QLD Health Eating Disorders Advisory Group and is past Secretary of Australia and New Zealand Academy for Eating Disorders (ANZAED). He has a wealth of experience and clinical expertise in eating disorders and is a coauthor of the RANZCP Clinical Practice Guidelines for Eating Disorders.

ENQUIRIES

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