

Eating Disorder Core Skills: eLearning for GPs



Eating Disorder Core Skills: eLearning for GPs is comprehensive foundational eating disorder training developed specifically for GPs.

The interactive training is based on the NEDC Workforce Core Competencies and steps GPs through the key information needed to provide best practice care for their patients with eating disorders. It is evidence-based, nationally recognised and freely accessible to NEDC members.

The training is a four-hour, five-module, self-paced online course including real-life scenarios and practical resources to support implementing learnings in practice.



Early Identification



Initial Response



Shared Care



Medical Treatment



Recovery Support

Eating Disorder Core Skills: eLearning for GPs

is accredited by:

- Royal Australian College of General Practitioners (RACGP) as a CPD Accredited Activity (40 points)
- General Practice Mental Health Standards Collaboration (GPMHSC) as Mental Health CPD
- Australian College of Rural and Remote Medicine (ACRRM) under the Professional Development Program



ACCESSING THE TRAINING

Eating Disorder Core Skills: eLearning for GPs is free to access for all NEDC members (NEDC membership is free).

1. Go to the NEDC website and **log in** or **sign up** as an NEDC member
2. Go to your personal dashboard
3. Access the free training using the link available