

Eating Disorder Core Skills: eLearning for Fertility Care Professionals



Eating Disorder Core Skills: eLearning for Fertility Care Professionals is foundational eating disorder training developed specifically for fertility care professionals including obstetricians, gynecologists, mental health professionals, dietitians, nurses, naturopaths and herbalists. The training is evidence-based, nationally recognised and freely accessible.

Eating Disorder Core Skills: eLearning for Fertility Care Professionals will equip fertility care professionals to identify and respond when a person is experiencing an eating disorder, understand shared care in the stepped system of care, and prevent and minimise harm for eating disorders in the context of fertility care.

This is a 90-minute, self-paced and interactive online training and includes practical real-life scenarios and activities, videos from leaders in the field and people with a lived experience of an eating disorder, and up-to-date resources.



Prevention



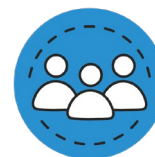
Identification



Initial Response



Treatment



Psychosocial and
Recovery Support



Workforce

Health professionals working in the fertility care space play a key role in helping to prevent the experience of disordered eating and eating disorders as well as being able to identify and support a person who is experiencing concerns.

Eating Disorder Core Skills: eLearning for Fertility Care Professionals is accredited, endorsed or approved by:

- Accredited by Royal Australia and New Zealand College of Obstetrics and Gynaecology (RANZCOG)
- Approved by Australian Psychological Society (APS)
- Endorsed by Australian Association of Psychologists Inc (AAPi)
- Endorsed by Australian College of Mental Health Nurses (ACMHN)



ACCESSING THE TRAINING

Eating Disorder Core Skills: eLearning for Fertility Care Professionals

is free to access for all NEDC members (membership is free).

1. Go to the NEDC website and [log in](#) or [sign up](#) as an NEDC member
2. Go to your personal dashboard and click 'Start Course' or 'Continue Course' to access the training
3. You will be directed to NEDC's learning management system, where you will have access to the training